



筑波大学
University of Tsukuba



SEAMEO-The University of Tsukuba Symposium IX

Theme: Resilience for Global Citizenship

Sub-Theme: Challenges in Education under COVID-19

Science Teachers Resilience in Science Learning during Pandemic

Dr. Indrawati

SEAMEO QITEP in Science, Indonesia

Virtual

11 February 2021

SEAQIS' Role as a Resilient Global Citizen to Keep Learning Continues

1

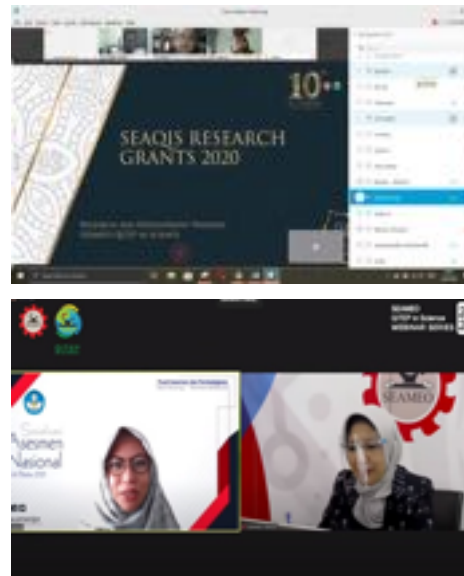
Online training on various themes such as STEM and Computational thinking.



2

SEAQIS Research and Research Grants

- Development of Android-based Learning Media (Grantee)
- The use of Augmented Reality as a Learning Media (Grantee)



3

International Joint Conference on STEM Education 2020:

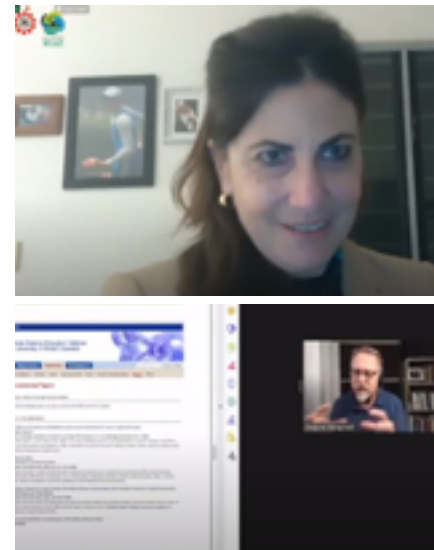
"STEM Education pathway through the Crisis"
(in collaboration with IPST and SEAQM)



4

SEAQIS Webinar Series

- Science Learning Innovation through Digital Technologies
- Resources for Remote Learning in STEM, Renewable Energy and other STEM Resources
- Inquiry Based Approaches for Remote Teaching & Learning in STEM Featuring Water in The 21st Century





INTRODUCTION (cont.)

This research is:

- a. effort to understand science teachers in regional (mentally & psychologically): science teachers' resilience in this time of crisis
- b. basis for developing innovative program to enhance science teachers' competencies in pandemic

COVID-19 Pandemic triggers anxiety among individuals beyond geographical locations and cultural and social structures (Wang et al., 2020).

The Pandemic also affect psychologically such as depression (Braun-Lewensohn & Al-Sayed, 2018) as well as with individual resilience (Kimhi & Eshel, 2016).

“ RESILIENCE

(noun) re-sil-ience

A method of bouncing back from
difficult experiences and coping well

APA, 2014

”

RESILIENCE OF TEACHERS

The ability to keep bouncing back, to rapidly and effectively recover strengths, it is related to a deep sense of vocation, self-efficacy and motivation to teach (Gu & Day, 2007).

Being resilient implies coping mechanisms to resilience offers a promising insight to consider how teachers address and retain their motivation and dedication to students in times of uncertainty (Gu & Day, 2007).

OBJECTIVES

To create profile of science teachers' resilience in science learning during pandemic and its 7 aspects.



METHOD

Survey design and questionnaire using a 5-points Likert scale to measure teachers' resilience toward science learning during pandemic and was distributed by using google form.

The instrument covers 7 aspects i.e. emotion regulation, impulse control, causal analysis, optimism, empathy, self-efficacy, reaching out

The instrument item (56 items) meets the criteria of Rasch model, illustrated by $0,5 < \text{MNSQ} < 1,5$ and $-2 < \text{ZSTD} < +2$ (Boone et al., 2014)

R value of 0.91: high reliability.

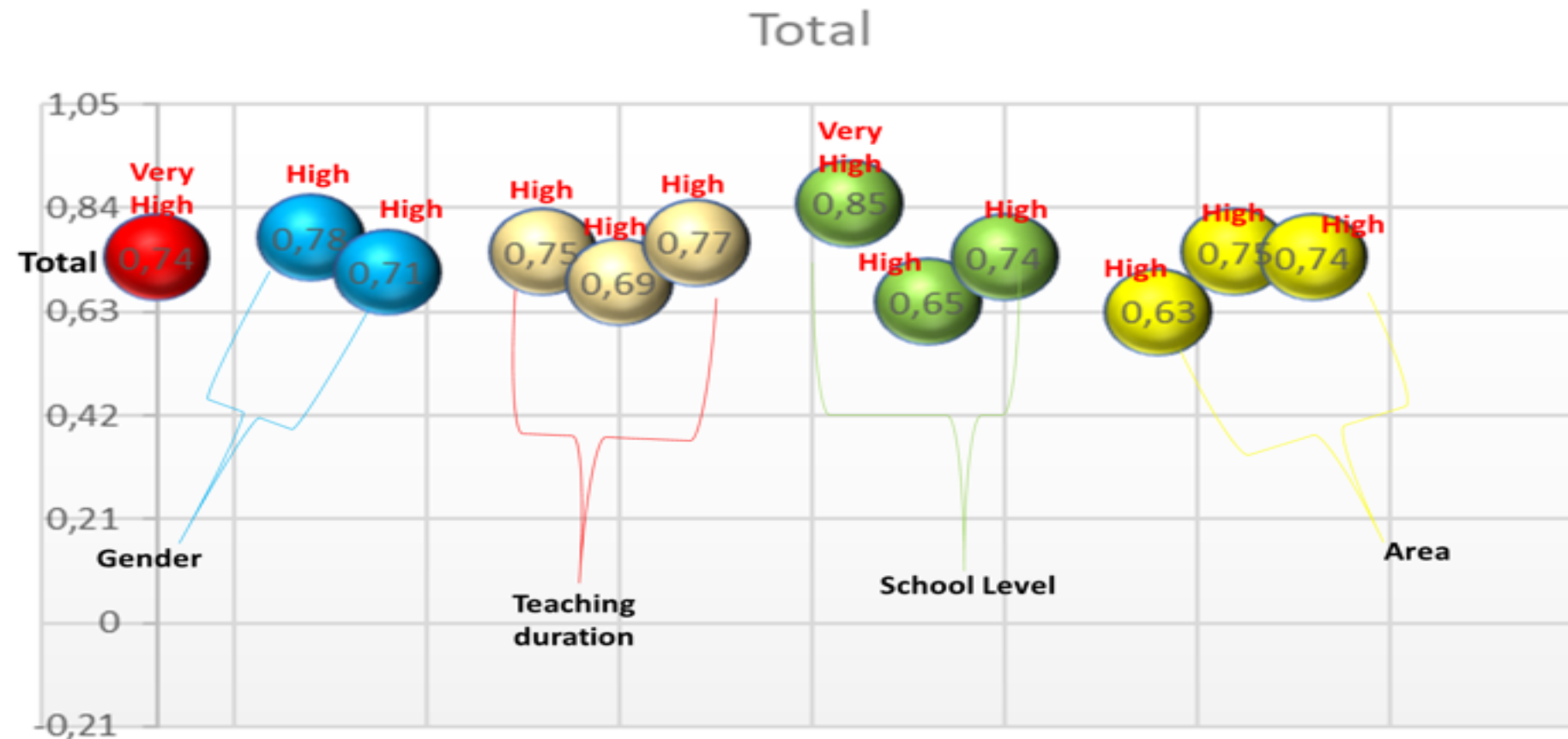
Respondent: 1349 teachers (primary & secondary); 26 provinces in Indonesia.

Data analysis: used the IRT Rasch model approach assisted by Winsteps Aps v. 3.7 and was carried out to classify teachers' resilience and its aspects into 5 scale using (very high – very low) formula of mean \pm deviation standard (Syaifuddin, 2012)

FINDINGS AND DISCUSSION

Science Teachers Resilience

(general and based on demography)



Science Teachers Resilience



- **Resilience:** **very high** category
- Resilience based on demography : **high** category

This illustrate that teachers:

- can face, overcome and successfully adapt positively very well to difficulties in science learning during the pandemic.
- learn how to deal with and overcome difficulties during the pandemic → resilient (Grotberg, 2003) which relevant to other findings that young teachers in remote areas can become a youth resilient teachers (Listiyandini & Fitriana, 2013).
- posses resilience which is resulted from successful positive adaptations to learning difficulties during the pandemic (Hendeson & Milstein, 2010, Wosnitza et al., 2014, Reivich & Shatte, 2002).
- succeed in developing positive adaptations → reflects positive thoughts, feelings and ways of life after individuals face difficulties (Baum, 2009).

SCIENCE TEACHER CAPACITY IN 7 RESILIENCE ASPECTS

Capacity of science teachers in 7 resilience aspects (emotional regulation, impulse control, causal analysis, self-efficacy, optimism, empathy and reaching out): **high** category.

7 aspects based on demography: **high** category

It means:

- science teachers have adequate or good resilience.
- they are able to respond positively and productively to the difficulties in learning during the pandemic (Reivich & Shatte, 2002).

SCIENCE TEACHER CAPACITY IN 7 RESILIENCE ASPECTS

7 resilience aspects:

- internal protective factors possessed by science teachers, it's called as personal characteristics that protect science teachers:
 - a. from risk-causing factors,
 - b. reduce the impact of stress from learning during the pandemic,
 - c. facilitate and increase very high resilience (Reivich & Shatte, 2002; Henderson & Milstein 2010)
- Achieving positive adaptation shows science teachers have a personal capacity that enables them to achieve and increase resilience (Thomas, 2011).

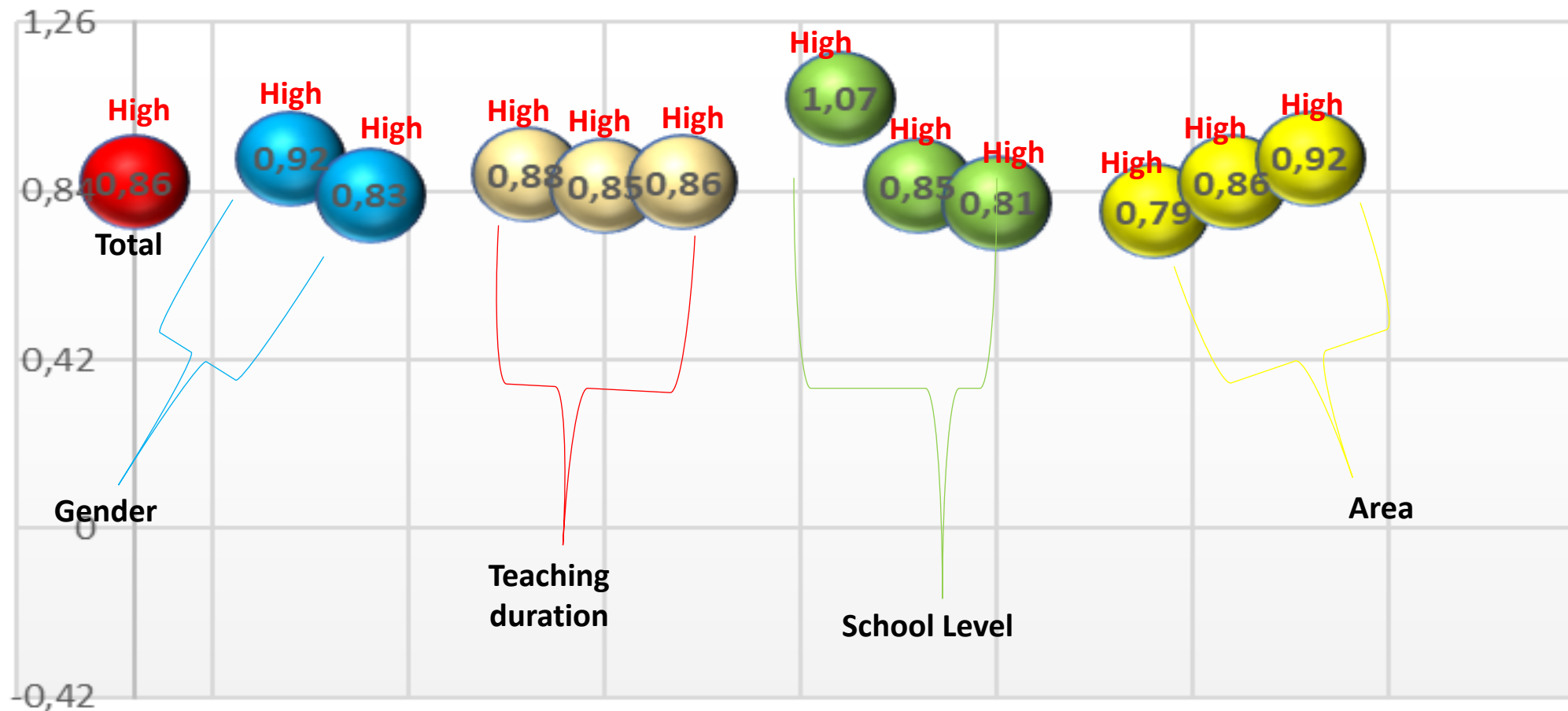
SCIENCE TEACHERS' CAPACITY IN EMOTION REGULATION



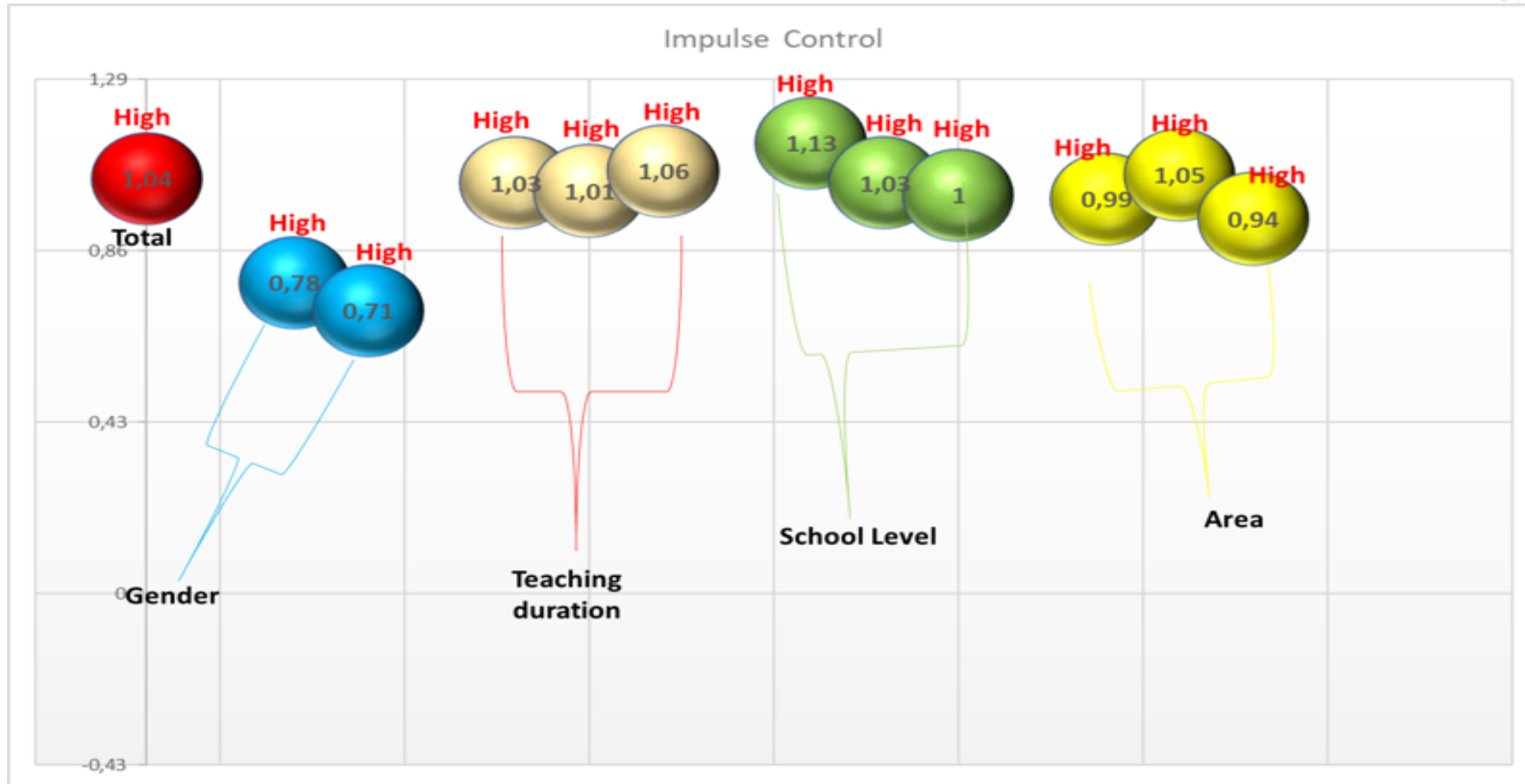
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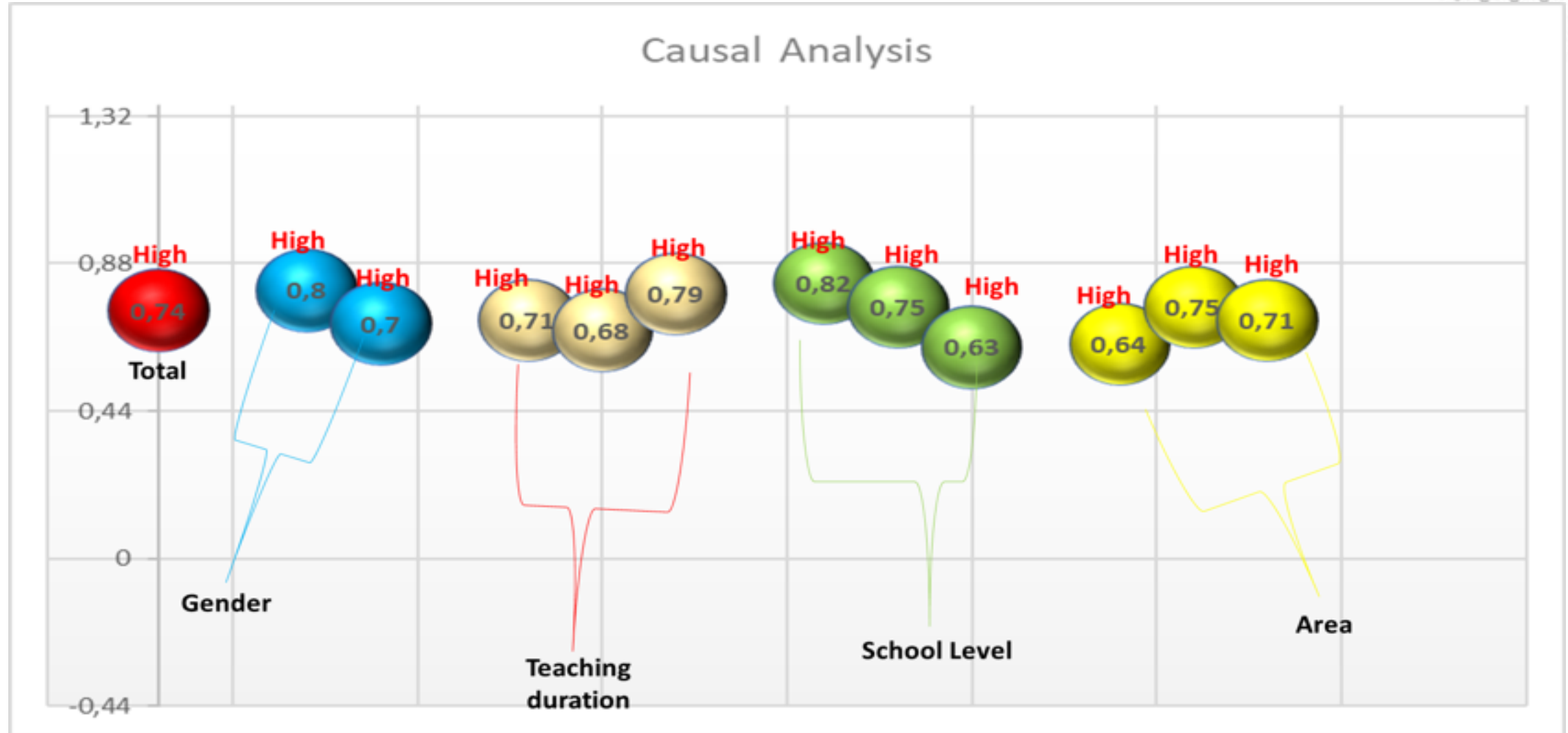
Emotion Regulation



SCIENCE TEACHERS' CAPACITY IN IMPULSE CONTROL



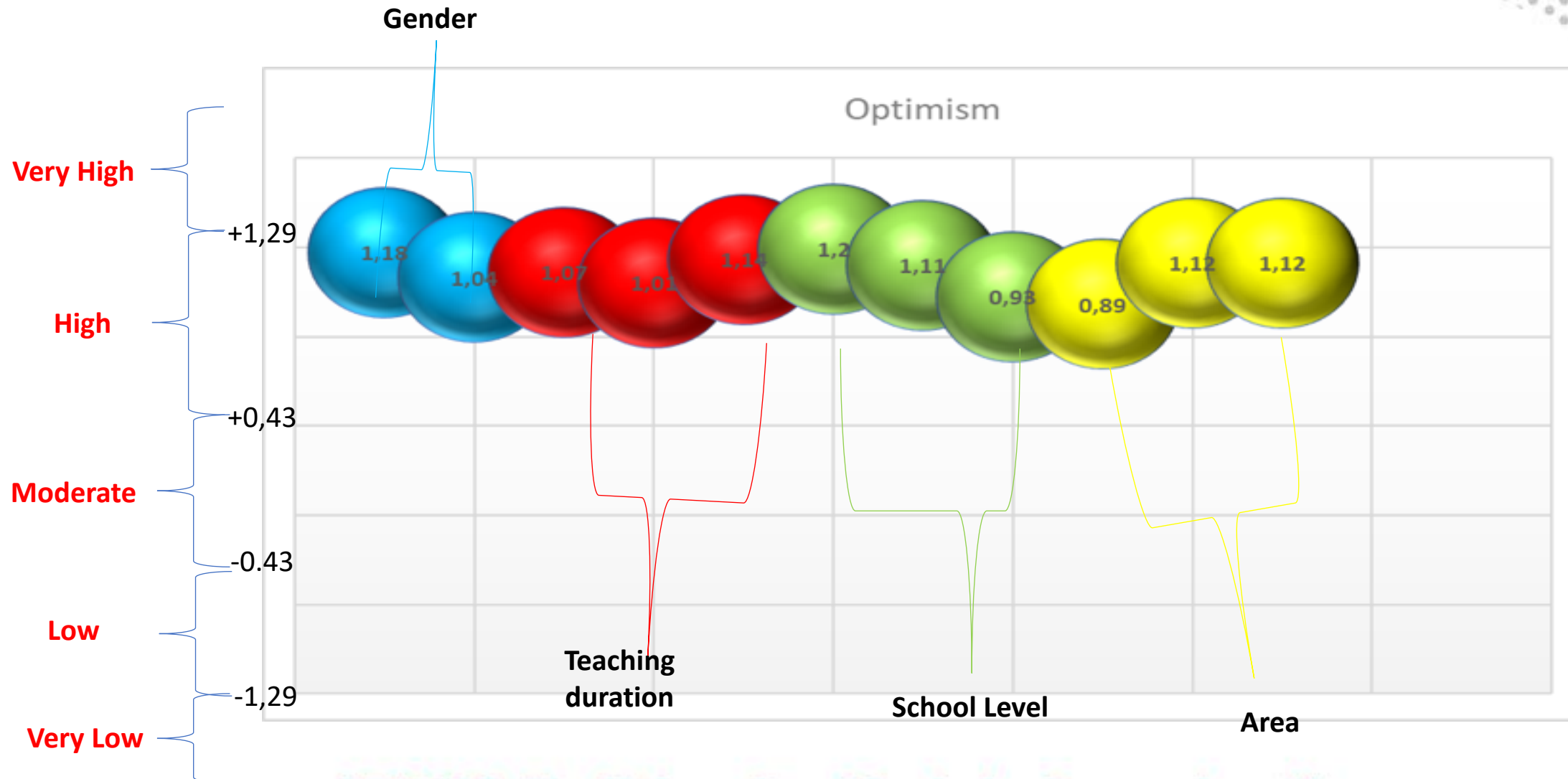
SCIENCE TEACHERS' CAPACITY IN CAUSAL ANALYSIS



SCIENCE TEACHERS' CAPACITY IN OPTIMISM

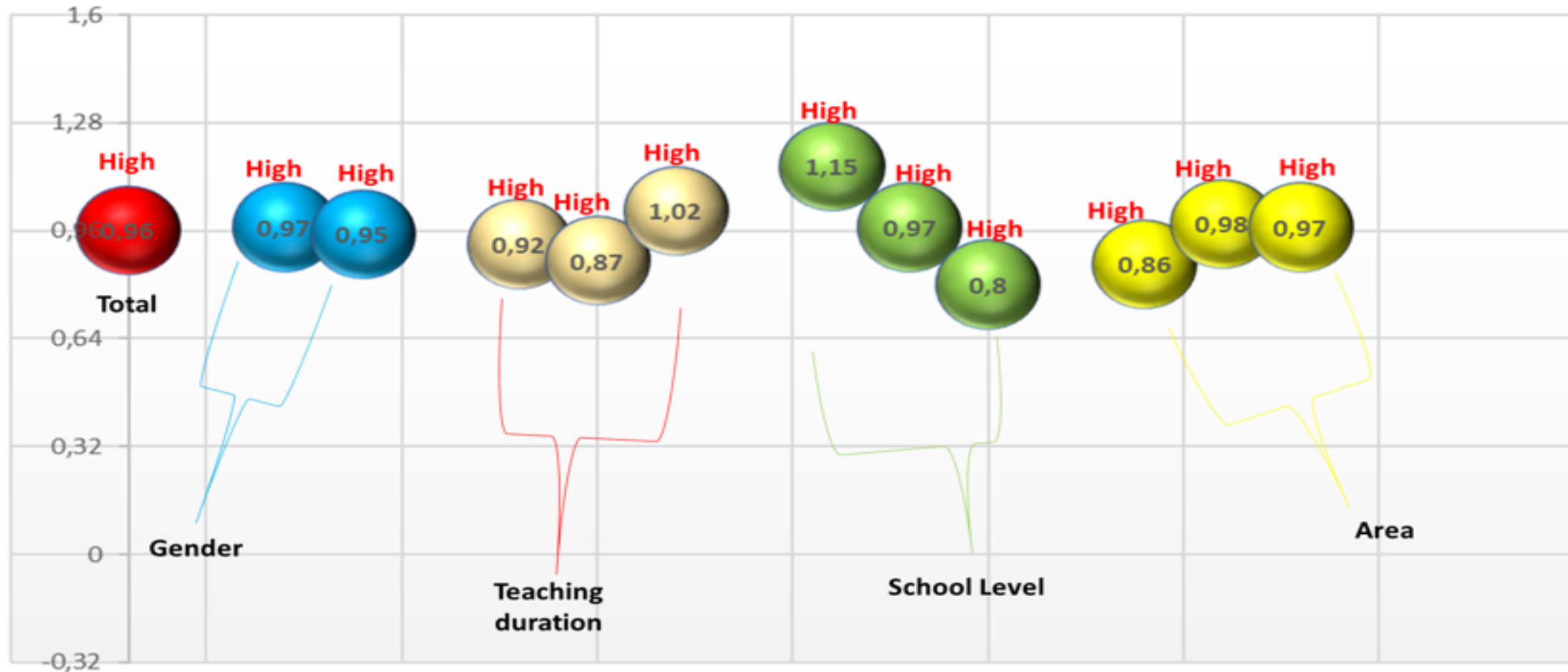


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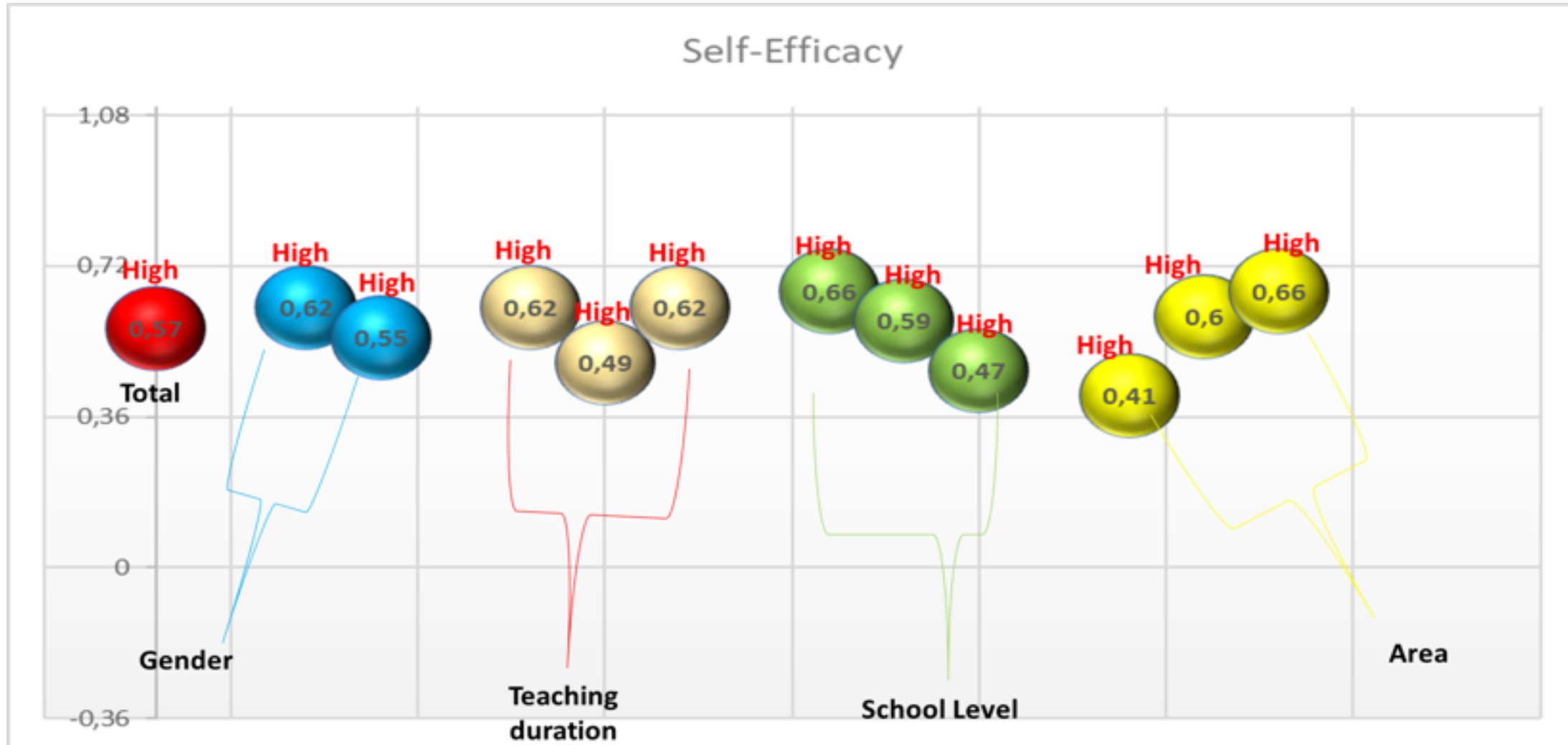


SCIENCE TEACHERS' CAPACITY IN EMPHATY

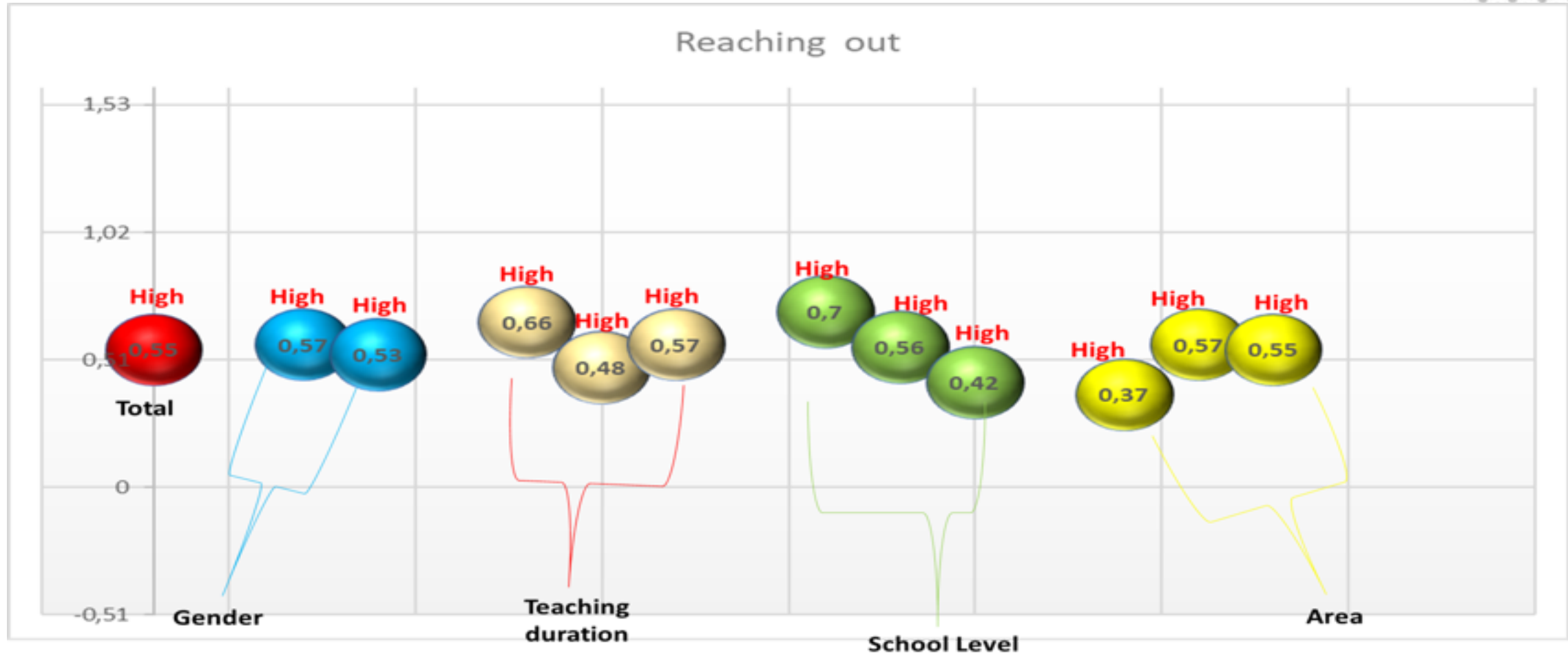
Empathy



SCIENCE TEACHERS' CAPACITY IN SELF-EFFICACY



SCIENCE TEACHERS' CAPACITY IN REACHING OUT



RESILIENCE

AND ITS 7 ASPECTS

- resilience based on demography: all high in category → by mean value: in the upper range or limit
- So resilience: **very high** in category - but its mean: **lower** range.
- 7 resilience aspects: all in the high category → by mean value: there are differences.
- Mean in:
 - a. **upper range**: control impulse, optimism, empathy, and causal analysis.
 - b. **middle range**: emotional regulation and causal analysis,
 - c. **lower range**: self-efficacy and reaching out.
- This research need to be:
 - a. conducted to broader science teachers' community in Southeast Asia
 - b. followed up by other research to identify factors of science teachers' resilience
 - c. SEAQIS innovation programme basis for science learning during pandemic





**Are we
a resilient Global
Citizen?**

**Are you
a resilient teacher?**



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THANK
YOU